

CCFP Standard Children's Menu A-5

| Name of Center _____ | Week of _____ | | |
|----------------------|--|--|--|
| Date _____ | Breakfast | Lunch | Snack |
| Monday | Peaches (C) Buttered Toast Milk | Sliced Ham, Chicken or Turkey Green Beans /Sweet Potatoes (A) Whole Wheat Bread/Milk | Pizza Sauce/Salsa Tortilla Chips or Soft Tortilla |
| Tuesday | Fruit Cup (C) *Cereal Milk | Ground Meat w/Spaghetti Sauce Tossed Salad/Pineapple Chunks Pasta/Milk | Applesauce Vanilla Wafers |
| Wednesday | Orange Wedges (C) Bagels Milk | Fricase de Pollo (Chicken Stew) Plantains/Green Beans Rice/Milk | Yogurt Graham Crackers |
| Thursday | Applesauce (C) Raisin Bread Milk | Talapia OR Meat Patty Potato Wedges /Broccoli (A) Roll/Milk | Cottage Cheese Pineapple Tidbits |
| Friday | Bananas (C) *Cereal Milk *Sugar content 10 grams or less! | * Arroz con Pollo (Chicken & Yellow rice) Mixed Green Salad/Peaches/Milk Milk | Peaches Banana Bread |

I certify that this is the menu of food that was served during the week indicated above.

*NOTE: A Cheese w/Meat Pizza served with extra cheese (cubes, slices or string)
Mixed Green Salad/Peaches/Milk is an approved substitute

Owner/Director

Approved 2014-2015