

# Milk Substitutions & Creditable Milks In the Florida Child Care Food Program

For children ages 1 and older, CCFP regulations require that each child's breakfast, lunch, and supper must include fluid milk to be eligible for reimbursement. Fluid milk may also be served as one of the two components of a snack.

**Creditable fluid milks include breastmilk, as well as pasteurized fluid types of cow or goat milk, lactose-free or lactose-reduced milk, UHT (Ultra High Temperature) milk, acidified or cultured milk, and organic milk.**

Non-dairy fluid milk substitutions may be served when requested in writing the by child's parent or guardian. The written request must identify the medical or special dietary condition that restricts the diet of the child, such as milk allergy or vegan diet. In order for the meal to be reimbursable, the non-dairy beverage must be nutritionally equivalent to fluid milk. Child care providers or parents may provide the non-dairy beverage.

---

## For Children Ages One through Five

**The following non-dairy (soy-based) beverages meet required nutritional standards for approved milk substitutions:**

- 8<sup>th</sup> Continent Soymilk Original
- Great Value Soymilk Ultra-Pasteurized
- Kirkland Organic Soymilk Original
- Pacific Ultra Soy Original
- Silk Original Soymilk
- Westsoy Organic Plus Plain Soymilk

## For Children Ages Six and older

**The beverages listed above *and* the ones below meet required nutritional standards for approved milk substitutions:**

- 8<sup>th</sup> Continent Soymilk Vanilla
- Pacific Ultra Soy Vanilla
- Westsoy organic Plus Soymilk Vanilla

**Each of the companies listed has information regarding product availability on their websites:**

[www.8thcontinent.com/product-finder/](http://www.8thcontinent.com/product-finder/)

[www.walmart.com/](http://www.walmart.com/)

[www.costco.com/](http://www.costco.com/)

[www.pacificfoods.com/retail-stores/](http://www.pacificfoods.com/retail-stores/)

[www.silk.com/where-to-buy](http://www.silk.com/where-to-buy)

[www.westsoymilk.com/store-locator/](http://www.westsoymilk.com/store-locator/)

If a child care provider has any question about these or other non-dairy beverages, please contact the State office at 850-245-4323 for assistance.