

## MILK SUBSTITUTION POLICY

**Milk Substitutes** - Milk Substitutes are a big area of confusion ... so we are going to make it easy for you today ..... If Milk Substitutions are requested in place of cow's milk, there **MUST** be a note specifying what kind of milk substitute the child must drink. There are 2 types of Notes:

**Parents Note:** If the milk substitution is a soy milk from the 5 **Federally Approved Soy Brands List** or **Lactose Free Milk** (Lactose free milk has to be 1% or Whole for age group type) then only a PARENT'S NOTE is required.

**Doctors Note:** If the substitution is anything different from the above (examples: Almond Milk, Rice Milk, Coconut Milk, Water or anything else) a Doctor's Note on the approved **Medical Statement for Children with Disabilities Form (this form can be found on our web-site)**. It must be completed by a Physician, Physician Assistant (PA), or Nurse Practitioner (ARNP). The MEDICAL STATEMENT cannot indicate that it is the PARENT'S PREFERENCE. It must state the following:

1. that the child is sensitive to cow's milk"
2. that cow's milk is to be Omitted
3. and what is being substituted in the place of cow's milk (example: Almond Milk, Rice Milk, etc.)

**If the Medical Statement doesn't show all three of the above, it won't be approved and the child's meal cannot be counted.**

**The appropriate note should be in the child's folder and A COPY sent to your CUSTOMER CARE SPECIALIST. If not, you cannot count the child's meal in your MEAL COUNT**